EVALUATION OF COMMERCIAL TORTOISE AND TURTLE FEEDS

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Abstract: Captive chelonians should be fed a natural diet to achieve a growth rate similar to that of free-ranging animals. A wide range of commercially formulated foods dedicated to chelonians is available. Feeding commercial foods has the advantage of convenience. On the other hand, species-specific information on the nutritional requirements of chelonians is not available yet. The aim of this study was to analyse and evaluate commercial pellets and feeds for chelonians. Commercial pellets (n_{tortoise} = 7, n_{turtle} = 7, from 6 companies) dedicated to carnivorous aquatic turtles and herbivorous terrestrial tortoises, and other aquatic turtle feeds (lyophilised beef heart, dried aquatic invertebrates, and whole frozen fish) were bought in pet shops. Whole frozen fish served as a reference feed for carnivorous aquatic turtles. The chemical composition as well as calcium (Ca) and phosphorus (P) contents were determined. Single-sample t-test was used with the label information as null hypothesis and the results of own parallel analyses for crude protein (CP), ether extract (EE), crude fibre (CF), Ca and P. The labelling of some of the pellets was deficient as nutritive values, Ca or P data were missing (tortoise pellets: 4 out of 7; turtle pellets: 5 out of 7). The label data differed significantly (p<0.05) from the results of our own analysis for 13 out of the 14 pellets. None of the tortoise pellets met the requirements of the animals completely. Because of the inadequate Ca:P ratio only one turtle pellet could be accepted. Accordingly, none of the commercial pellets can be recommended as main or only feed.

Key words: nutrition; pellet; metabolic bone disease; chelonian

Introduction

Chelonians are commonly kept pets. Overweight, accelerated growth rate and metabolic bone disease of nutritional origin are common as a result of inadequate nutrition and housing (1, 2, 3, 4, 5). The natural diet of aquatic chelonians consists of several animal species, and seasonality is strong in the case of tortoises (6, 7, 8, 9, 10, 11, 12, 13). Captive chelonians should be fed a natural diet to achieve a growth rate similar to that of free-ranging animals (2, 3, 7, 15). The energy expenditure of reptiles is only 25–35% that of mammals (16). Feeding frequency and quantity must also be mentioned, as periodic starvation is common in the natural habitat of chelonians.

A wide range of commercially formulated foods dedicated to chelonians is available. Feeding commercial foods has the advantage of convenience. On the other hand, species-specific information on the nutritional requirements of chelonians is not available yet. Because of this, the composition of commercial pellets is not necessarily adequate for the target species. The formulation of pellets varies from manufacturer to manufacturer (14, 17). Controlled animal trials evaluating the effects of such feeds are also missing.

The aim of this study was to analyse and evaluate commercial pellets and feeds for chelonians.
Material and methods

Commercial pellets (n=14, from 6 companies, tortoise: A = Nutrin-Aquarium Tortoise Sticks; B1 = Sera Raffy Vital Herbivor; B2 = Sera Reptil Herbivor; C1 = JBL Herbil; C2 = JBL Agivert; D = Exo Terra European Tortoise Adult; E1 = Tetra Tortoise; turtle: C3 = JBL Agil; C4 = JBL Tortil; JBL = Rugil; E2 = Tetra ReptoMin Sticks; E3 = Tetra ReptoMin Energy; E4 = Tetra ReptoMin Baby, F = Panzi) dedicated to carnivorous aquatic turtles and herbivorous terrestrial tortoises, and other aquatic turtle feeds including whole frozen fish (European smelt; *Osmerus eperlanus*) and dried aquatic invertebrates (Baltic prawn [*Palaemon adspersus*] and dried freshwater crab [*Gammarus roeseli*]) were bought in pet shops. The whole frozen fish served as a reference feed for carnivorous aquatic turtles.

The chemical composition as well as calcium (Ca) and phosphorus (P) content of the pellets, lyophilised beef heart, dried aquatic invertebrates and whole frozen fish were determined according to the AOAC (16) prescriptions (10 analyses/pellet for nutrients and 2 analyses/pellet for Ca and P). All statistical tests were conducted using R 3.5.1 software (R Development Core Team, 2009, Vienna, Austria). Single-sample t-test was used with the label information as null hypothesis and the results of own parallel analyses for crude protein (CP), ether extract (EE), crude fibre (CF), Ca and P. The level of significance was p < 0.05.

Results

The nutrient content of tortoise and turtle pellets is shown in Tables 1 and 2. In the case of tortoise pellets our own data differed significantly (p<0.05) from the label information on several occasions. The CP contents were significantly higher (A, B2, D and E1) or lower (B1 and C2) than those indicated on the label. This can be explained by the ingredients of animal origin (fish and fish derivatives, molluscs and shellfish) in 3 products (B1, D and E1) and the presence of alfalfa meal (A) or algae (B2). Compared to the declared value, CP was significantly higher in 4 pellets (A, C1, C2 and E1) and lower in 3 pellets (B1, B2 and D). The EE was significantly lower in 4 and higher in 3 pellets than the data on the label. The crude ash (CA) content was also significantly lower than the declared value, with the exception of two samples (A and C2). The nitrogen-free extracts (NFE) varied between 48.2–71.2% and the two cereal grain free pellets (C1 and E) had the lowest carbohydrate content).

The Ca and P contents of tortoise and turtle pellets are shown in Tables 3 and 4. Four tortoise feed labels did not declare Ca and P contents. From the remaining 3 pellets, two had significantly lower (B2 and C1) and one significantly higher (B1) Ca level than the declared value. The P concentrations were also significantly lower than those declared on the label (B1, B2 and C1). The Ca:P ratio was approximately the same in all pellets.

<table>
<thead>
<tr>
<th>Feed</th>
<th>CP % label</th>
<th>CP % own</th>
<th>CF % label</th>
<th>CF % own</th>
<th>EE % label</th>
<th>EE% own</th>
<th>CA % label</th>
<th>CA % own</th>
<th>NFE % own</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>10.0</td>
<td>12.9±0.17*</td>
<td>14.0</td>
<td>16.3±0.37*</td>
<td>2.0</td>
<td>1.4±0.15*</td>
<td>6.0</td>
<td>6.0±0.08</td>
<td>63.4</td>
</tr>
<tr>
<td>B1</td>
<td>18.1</td>
<td>16.6±0.21*</td>
<td>9.3</td>
<td>3.0±0.32*</td>
<td>3.4</td>
<td>1.9±0.23*</td>
<td>8.0</td>
<td>7.3±0.14*</td>
<td>71.2</td>
</tr>
<tr>
<td>B2</td>
<td>14.8</td>
<td>20.5±0.24*</td>
<td>13.3</td>
<td>4.9±0.29*</td>
<td>4.8</td>
<td>3.3±0.08*</td>
<td>6.3</td>
<td>5.5±0.16*</td>
<td>65.8</td>
</tr>
<tr>
<td>C1</td>
<td>14.0</td>
<td>14.2±0.08</td>
<td>20.0</td>
<td>21.5±0.52*</td>
<td>2.0</td>
<td>2.6±0.24*</td>
<td>14.0</td>
<td>13.2±0.35*</td>
<td>48.2</td>
</tr>
<tr>
<td>C2</td>
<td>12.5</td>
<td>10.9±0.12*</td>
<td>22.0</td>
<td>24.9±0.48*</td>
<td>2.5</td>
<td>1.9±0.18*</td>
<td>8.5</td>
<td>9.6±0.25</td>
<td>52.7</td>
</tr>
<tr>
<td>D</td>
<td>9.0</td>
<td>13.8±0.22*</td>
<td>26.0</td>
<td>19.8±0.59*</td>
<td>2.0</td>
<td>2.5±0.28*</td>
<td>10.0</td>
<td>7.7±0.12</td>
<td>56.2</td>
</tr>
<tr>
<td>E1</td>
<td>9.0</td>
<td>12.2±0.16*</td>
<td>22.0</td>
<td>24.5±0.65*</td>
<td>0.5</td>
<td>2.2±0.32*</td>
<td>10.0</td>
<td>7.8±0.04</td>
<td>53.3</td>
</tr>
</tbody>
</table>

Capital letters indicate the different manufacturing companies. A = Nutrin-Aquarium Tortoise Sticks; B1 = Sera Raffy Vital Herbivor; B2 = Sera Reptil Herbivor; C1 = JBL Herbil; C2 = JBL Agivert; D = Exo Terra European Tortoise Adult; E1 = Tetra Tortoise. CP = crude protein, CF = crude fibre, EE = ether extract, CA = crude ash, NFE = nitrogen-free extract, \(^1\)label information; \(^2\)own analysis; NA = not available; *significant difference (p<0.05)
### Table 2: Nutrient content of the turtle pellets and feeds on dry matter basis

<table>
<thead>
<tr>
<th>Feed</th>
<th>CP %</th>
<th>CF %</th>
<th>EE %</th>
<th>CA %</th>
<th>NFE %</th>
</tr>
</thead>
<tbody>
<tr>
<td>C3</td>
<td>40.0±2.51*</td>
<td>0.5±0.28*</td>
<td>7.00±0.22*</td>
<td>8.0±0.16</td>
<td>46.4±0.16</td>
</tr>
<tr>
<td>C4</td>
<td>NA</td>
<td>3.2±0.22 NA</td>
<td>5.8±0.24 NA</td>
<td>NA</td>
<td>8.1±0.05</td>
</tr>
<tr>
<td>C5</td>
<td>30.2±1.67 NA</td>
<td>1.6±0.23 NA</td>
<td>3.9±0.15 NA</td>
<td>6.9±0.08 NA</td>
<td>57.4±0.14</td>
</tr>
<tr>
<td>E2</td>
<td>39.0±3.25*</td>
<td>0.5±0.18</td>
<td>4.5±0.07</td>
<td>NA</td>
<td>11.6±0.17</td>
</tr>
<tr>
<td>E3</td>
<td>47.0±2.34*</td>
<td>0.05±0.04</td>
<td>5.8±0.18*</td>
<td>15.0±0.22*</td>
<td>26.5±0.14</td>
</tr>
<tr>
<td>E4</td>
<td>45.0±3.58*</td>
<td>0.05±0.05</td>
<td>8.0±0.04</td>
<td>NA</td>
<td>11.6±0.1</td>
</tr>
<tr>
<td>F</td>
<td>25.0±3.12*</td>
<td>0.9±0.18</td>
<td>1.5±0.12</td>
<td>7.0±0.04</td>
<td>68.3±0.04</td>
</tr>
<tr>
<td>LBF</td>
<td>NA</td>
<td>10.0±0.31 NA</td>
<td>10.3±0.26 NA</td>
<td>NA</td>
<td>16.2±0.14</td>
</tr>
<tr>
<td>Shrimp</td>
<td>70.7±0.15 NA</td>
<td>2.3±0.12</td>
<td>17.3±0.28 NA</td>
<td>NA</td>
<td>17.3±0.28</td>
</tr>
<tr>
<td>Gammarus</td>
<td>49.4±0.14 NA</td>
<td>5.2±0.24</td>
<td>19.2±0.24 NA</td>
<td>NA</td>
<td>16.2±0.14</td>
</tr>
<tr>
<td>Fish</td>
<td>67.7±0.16 NA</td>
<td>12.9±0.28</td>
<td>16.2±0.14</td>
<td>NA</td>
<td></td>
</tr>
</tbody>
</table>

Capital letters indicate the different manufacturing companies. C3 = JBL Agil; C4 = JBL Tortil; JBL = Rugil; E2 = Tetra ReptoMin Sticks; E3 = Tetra ReptoMin Energy; E4 = Tetra ReptoMin Baby, F = Panzi. NA = not available; 1 label information; 2 own analysis; LBF = lyophilised beef heart, *significant difference (p<0.05), ** whole frozen fish, European smelt (Osmerus eperlanus); CP = crude protein, CF = crude fibre, EE = ether extract, CA = crude ash, DM = dry matter.

### Table 3: Calcium and phosphorus content of complete tortoise pellets on dry matter basis

<table>
<thead>
<tr>
<th>Feed</th>
<th>Ca % label¹</th>
<th>Ca % own²</th>
<th>P % label</th>
<th>P % own</th>
<th>Ca:P own</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>NA</td>
<td>1.3±0.06</td>
<td>NA</td>
<td>0.4±0.02</td>
<td>3.2:1</td>
</tr>
<tr>
<td>B1</td>
<td>1.5</td>
<td>2.3±0.01*</td>
<td>0.6</td>
<td>0.5±0.01*</td>
<td>4.6:1</td>
</tr>
<tr>
<td>B2</td>
<td>2.5</td>
<td>1.2±0.04*</td>
<td>0.7</td>
<td>0.3±0.02*</td>
<td>4:1</td>
</tr>
<tr>
<td>C1</td>
<td>2.1</td>
<td>1.3±0.03*</td>
<td>0.6</td>
<td>0.4±0.02*</td>
<td>3.2:1</td>
</tr>
<tr>
<td>C2</td>
<td>NA</td>
<td>1.1±0.02</td>
<td>NA</td>
<td>0.4±0.01</td>
<td>2.7:1</td>
</tr>
<tr>
<td>D</td>
<td>NA</td>
<td>1.2±0.05</td>
<td>NA</td>
<td>0.4±0.02</td>
<td>3:1</td>
</tr>
<tr>
<td>E1</td>
<td>NA</td>
<td>1.0±0.02</td>
<td>NA</td>
<td>0.2±0.01</td>
<td>2:1</td>
</tr>
</tbody>
</table>

Capital letters indicate the different manufacturing companies. A = Nutrin-Aquarium Tortoise Sticks; B1 = Sera Raffy Vital Herbivor; B2 = Sera Reptil Herbivor, C1= JBL Herbil; C2 = JBL Agivert; D = Exo Terra European Tortoise Adult; E1 = Tetra Tortoise. 1 label information; 2 own analysis; NA = not available; *significant difference (p<0.05).

### Table 4: Calcium and phosphorus content of turtle pellets and feeds on dry matter basis

<table>
<thead>
<tr>
<th>Feed</th>
<th>Ca % label¹</th>
<th>Ca % own²</th>
<th>P % label</th>
<th>P % own</th>
<th>Ca:P own</th>
</tr>
</thead>
<tbody>
<tr>
<td>C3</td>
<td>NA</td>
<td>1.5±0.04</td>
<td>NA</td>
<td>1.1±0.01</td>
<td>1.4:1</td>
</tr>
<tr>
<td>C4</td>
<td>NA</td>
<td>1.6±0.04</td>
<td>NA</td>
<td>0.9±0.02</td>
<td>1.8:1</td>
</tr>
<tr>
<td>C5</td>
<td>NA</td>
<td>1.5±0.03</td>
<td>NA</td>
<td>1.0±0.02</td>
<td>1.5:1</td>
</tr>
<tr>
<td>E2</td>
<td>3.3</td>
<td>3.6±0.06</td>
<td>1.2</td>
<td>1.4±0.01</td>
<td>2.6:1</td>
</tr>
<tr>
<td>E3</td>
<td>NA</td>
<td>2.4±0.05</td>
<td>NA</td>
<td>1.3±0.01</td>
<td>1.8:1</td>
</tr>
<tr>
<td>E4</td>
<td>3.2</td>
<td>3.6±0.04</td>
<td>1.3</td>
<td>1.5±0.01</td>
<td>2.4:1</td>
</tr>
<tr>
<td>F</td>
<td>NA</td>
<td>0.3±0.01</td>
<td>NA</td>
<td>0.4±0.00</td>
<td>0.7:1</td>
</tr>
<tr>
<td>LBF</td>
<td>NA</td>
<td>2.5±0.05</td>
<td>NA</td>
<td>2.0±0.02</td>
<td>1.2:1</td>
</tr>
<tr>
<td>Shrimp</td>
<td>NA</td>
<td>3.9±0.03</td>
<td>NA</td>
<td>1.3±0.01</td>
<td>3:1</td>
</tr>
<tr>
<td>Gammarus</td>
<td>NA</td>
<td>5.0±0.02</td>
<td>NA</td>
<td>1.5±0.02</td>
<td>3:3:1</td>
</tr>
<tr>
<td>Fish</td>
<td>NA</td>
<td>5.1±0.02</td>
<td>NA</td>
<td>3.3±0.01</td>
<td>1.5:1</td>
</tr>
</tbody>
</table>

Capital letters indicate the different manufacturing companies. C3 = JBL Agil; C4 = JBL Tortil; JBL = Rugil; E2 = Tetra ReptoMin Sticks; E3 = Tetra ReptoMin Energy; E4 = Tetra ReptoMin Baby, F = Panzi. NA = not available; 1 label information; 2 own analysis; LBF = lyophilised beef heart; *whole frozen fish, European smelt (Osmerus eperlanus).
In the case of the turtle pellets our own data differed significantly (p < 0.05) from the label information on several occasions. The labelling of products was also very poor, lacking the declaration of nutritive value and mineral content in 2 pellets and 3 other commercial feeds. The CP was significantly lower in two pellets (C3 and E2) and higher in three pellets (E3, E4 and F) than the label information. The CP content of lyophilised beef heart, shrimp, Gammarus and fish was the highest. The CF levels were significantly lower than the declared values with one exception (C3). The EE was approximately the same as the label data for one pellet (C3) but significantly lower in the case of the others. The EE content of lyophilised beef heart and fish was much higher than that of the other feeds. The CA was significantly lower than the declared value in two pellets (E3 and F). The NFE contents varied between 26.5–68.3%. Three pellets with >45% NFE contained cereal grains as the main ingredient (C3, C5, F). In two pellets (E2 and E3) cereal grains were not mentioned but it was not specified what ‘ingredient of plant origin’ meant. Pellet E2 had 49% NFE content which presumably means cereal grain content. Pellets C4 and E4 also listed cereal grains but not as a main ingredient.

The Ca and P contents were not declared in 4 pellets and 4 other commercial feeds. Both of the remaining 2 pellets had higher Ca and P concentrations than indicated on the label. Shrimp, Gammarus and whole fish had much higher Ca content than the other feeds. The P level of dried invertebrates was similar to that of the pellets while lyophilised beef heart and fish contained more P. The Ca:P ratio showed bigger differences than that of the tortoise pellets. One pellet (F) had a very disadvantageous ratio (0.7:1) which can be explained by the extremely low (0.3±0.01%) Ca content. The Ca:P ratio of lyophilised beef heart and fish was similar to that of the pellets with one exception (F), while shrimp and Gammarus had much higher Ca:P ratios.

Discussion

The diet for captive chelonians should resemble their wild diet. Herbivorous reptiles cover their energy requirement mainly by carbohydrates (50–75% DM), of this 15–40% is the CF. Protein represents 15–35% and fat is less than 10% (14). This composition highly depends on the tortoise species. For captive tortoises it is better to reduce the protein intake and increase the fibre in order to reduce the growth rate. This diet may include garden weeds (e.g. dandelion, chickweed), dark leafy greens (e.g. mustard green, turnip top, kale, rugula, corn salad) and a small amount of vegetables (19). Tortoises fed with a diet containing less than 80% grasses and weeds in the summer tend to develop pyramidal growth syndrome (20). Fruits should be avoided or reduced to a minimum (<5%) because of their high carbohydrate content (14, 19). Some species may receive higher amount of fruits which fits their natural diet (e.g. red-footed tortoise [Chelonoidis carbonaria]; 21).

The natural diet of herbivorous chelonians is low in CP (approx. 15% DM; 13); however, they occasionally ingest protein of animal origin (8, 12, 22). Excess protein intake leads to accelerated growth rate, renal failure, gout and it is also associated with pyramidal growth syndrome (1, 15, 23, 24, 25). Captive chelonians may have even lower protein intake to reduce their growth rate. Five pellets met the CP requirement while one (B1) had a slightly higher level. The 20.5% CP content of pellet B2 seems to be too high for pet chelonians and thus it is not recommended.

Little is known about the fat requirement of tortoises, but it should be around 3% DM (23). The EE contents were generally lower than indicated on the label, but they probably cover the requirement. However, it is not known whether the 1.4% EE content of pellet A is sufficient if the pellet is used as the only feed.

The carbohydrate content should be around 45.5–52.3% (23). Most feeds met this requirement with three exceptions. Pellets A and B2 had approximately 10% higher NFE content while B2 had a much higher NFE concentration than optimal. Carbohydrate overload also accelerates the growth rate. It is also important to mention that some species such as the steppe tortoise (Testudo horsfieldii) have very low activity and spend very little time foraging (<15 min per day; 27). Thus, these chelonians can satisfy their energy requirement with a modest feeding effort.

In nature, herbivorous tortoises consume a wide range of plant species (10, 12, 13, 23, 27, 28, 29). These are typically high in CF (15–40% DM) and calcium. The high CF content of diets for captive reptiles is important for reducing the feed intake and thus the growth rate (28, 30, 31, 32). Captive
reptiles grow much faster than free-ranging ones (2, 3, 15, 25, 33, 34). In the diet of Galapagos giant tortoises (Geochelone nigra), CF may reach 30–40% on DM basis which might be the case in other herbivorous chelonians as well (29). In the diet of captive desert tortoise (Gopherus agassizii) the CF level can be 25–30% (35). Some species (e.g. the Bolson tortoise [Gopherus flavomarginatus]) feed on droppings of rabbits which are high (30% DM) in undigested fibre (36) and can serve as a source of trace elements as well. Herbivorous chelonians rely on gut microbes to ferment dietary fibre and produce volatile fatty acids (14, 37, 38). It seems that they can digest cellulose and hemicellulose as efficiently as herbivorous mammals (32, 39). Pellets A, B1 and B2 did not contain an adequate amount of CF. Four pellets (C1, C2, D and E1) reached the recommended minimum level but pellet D contained much less CF than the declared value (19.8 vs. 26% DM).

The natural diet is rich in Ca and tortoises feed on soil, bones, or faeces of carnivores to fulfil their Ca requirement (12, 36, 40, 41, 42). Tortoises have high Ca tolerance which can be explained by the fact that these animals grow until death (43). Higher Ca intake also leads to enhanced Ca digestibility (44, 45). In 6 pellets (A, B2, C1, C2, D and E1) the Ca concentration was around 1% which seems to be too low.

The optimal Ca:P ratio of tortoise diets is much higher (3.1–5.8:1 or even higher; 46) than the general recommendations for mammals (Ca:P = 2:1). According to experimental data this ratio may reach 6:1 without causing adverse effects (1.29% Ca on a dry matter basis; 44). In the diet of wild juvenile and adult desert tortoises the Ca:P ratio of needlegrasses (Achantherum spp.) is 22:1 and 13:1, respectively, while desert dandelion (Malacothrix spp.) forbs have a ratio of 9:1 and 14:1, respectively (9). In some plant species the Ca:P ratio may reach 32.4:1 (Cardus australis: 13). Five pellets reached or exceeded the minimum recommendation for Ca:P and two pellets (C2 and E1) were below that.

Carnivorous aquatic chelonians have much higher protein and fat requirements than herbivores while their fibre and carbohydrate requirements are much lower (12, 47). Whole frozen fish can be a reference feed which is available in pet shops. Freezing has the advantage that it eliminates parasites. It is advised to feed a variety of fish species to avoid the possible long-term negative effects of the exclusive feeding of one species. For example, smelt may have high thiaminase activity and can induce thiamine deficiency (48). Whole fish should be fed frequently to most freshwater turtles and should be the main feed for piscivorous species (14, 47, 48 49, 50, 51). Besides that, other whole vertebrates and invertebrates such as shrimp or Gammarus can be offered. Carnivorous reptiles mainly cover their energy requirements from protein (25–60%) and fats (30–60%), which highlights the importance of these nutrients. Carbohydrates have the lowest importance with less than 10% DM (12). Many of the freshwater turtles are opportunistic carnivores or omnivores, as they undergo an ontogenetic shift in their diet as they mature (6, 11, 14, 51, 52, 53, 54, 55, 56, 57, 58). This dietary shift can be explained by the hypothesis that larger turtle species are less able to meet their metabolic requirements on a carnivore diet, have greater capacity to store fats and can cover their energy requirements on a plant diet as well. Diet change is also linked to changes in physiological needs and specific requirements (51, 59, 60).

Specialities can be mentioned as adult pond sliders (Trachemys scripta) become predominantly herbivorous; the animal to plant matter ratio in their diet is 77:23 (54). Carbohydrates are more important for omnivorous reptiles (20–75% DM), while fats represent 5–40% and protein is between 15–40% (14).

The CP levels of pellets were much lower than those of fish or dried invertebrates. The recommended protein level for Chinese softshell turtle (Pelodiscus sinensis) is 39.0–47.7% DM (61, 62, 63, 64, 65, 66, 67, 68). In red-eared terrapins (Trachemys scripta elegans) a growth rate equal to the natural one was obtained with 25–40% CP (50). When turtles are kept as pets and not as farmed animals the protein concentrations may be lowered to prevent fast growth rate (69), but exact recommendations are missing. Sudden overfeeding with protein may lead to dysbiosis and diarrhoea while prolonged overfeeding results in obesity (49).

This is why overfeeding with whole fish should be avoided by applying adequate feeding frequency. Juveniles and breeding females have much higher protein requirements (53, 66, 68), the latter may reach 61–66% (69). Too low (<30%) protein intake of growing turtles may lead to reduced growth rate (50, 64, 70). The animal:plant protein ratio of the diet should be around 3:1 (61). With one
exception (F), these commercial pellets may cover the requirements of slow-growing adults as these turtles may be fed moderate CP levels of around 26%. Pellets C5 and E4 were dedicated to young growing animals. Product E4 with its 46.9% CP content may cover the requirement but product C5 with 30.2% seems to be inadequate.

Because of packaging and storage, it is better to have pellets with lower EE content, but this macronutrient is important in the energy supply of carnivorous and omnivorous turtles (14). As Table 2 shows, the EE levels of pellets were much lower than that of the frozen fish (12.9% DM). The recommended EE level for Chinese softshell turtle in commercial farms is around 4.2–8.8% (74, 64, 65, 66, 67, 68, 70, 71, 72). High-fat diets (13.9% EE) should be avoided as they lead to the accumulation of lipids in the liver and liver injury (65). The optimal EE intake for pet turtles is not known but presumably it may be lower. Accordingly, it seems that most of the pellets can cover the EE requirements. Pellet F with 0.4% EE content is an exception. Although it is called a ‘complete feed’, it does not cover the requirement of the animals. Based on the EE content of whole fish, especially the European smelt, moderate and not exclusive feeding is recommended as part of a balanced diet.

The NFE requirement of turtles may vary according to their specific requirements. If we calculate with 39–46% CP, 9% EE and 4% CF for carnivorous turtles, then the NFE is approximately 41–46%. This seems to be adequate for carnivores (61, 64) and the optimal starch content for farmed juvenile soft-shelled turtle is around 30% (71). Opportunistic carnivores may have higher NFE requirements.

Little is known about the CF requirements of carnivorous or opportunistic carnivorous chelonians. Feeds of animal origin do not contain CF, thus it may only be important for opportunistic carnivores. On the other hand, fibre has a satiating effect which helps to avoid overfeeding and may have a beneficial effect on the gut microbiota of pet turtles. For juvenile soft-shelled turtles 2–8% CF seems to be adequate (71).

The Ca and P contents of the pellets and lyophilised beef heart were much lower than those of Gammarus and whole fish. Imbalanced diets having low Ca content lead to metabolic bone disease of nutritional origin in aquatic turtles as well (73). However, excess Ca intake (2.24% DM) may have a negative impact on the growth rate of aquatic turtles (74). On the other hand, the optimal Ca and P intake for Chinese softshell turtle is 5.7% and 3.0%, respectively (75). These data are very similar to the Ca and P levels of European smelt. Metabolic bone disease of nutritional origin can be prevented by providing 1.16–2.95% Ca and 0.92–2.56% P in the diet (74). Shrimp, Gammarus and whole fish are good Ca sources. As aquatic turtles feed underwater, dusting the feed with dietary minerals and vitamin supplements does little to cover the requirements. Therefore, the diet should have optimal Ca and P content.

According to studies on Chinese softshell turtle, the Ca:P ratio should be approximately 2:1. This can be reached with 5.7% Ca and 3.0% P (60). The lower Ca:P ratio may lead to shell malformations or lower growth rates. This recommended ratio was reached only in pellets E2 and E4. The Ca:P ratio of European smelt is lower than 2:1 but close to the 1.9:1 ratio recommended for Chinese softshell turtle (75). Shrimp and Gammarus have much higher Ca:P ratio than the minimum requirements; thus, they can be fed in combination with whole fish to increase the Ca:P ratio.

**Conclusion**

As a general recommendation, we suggest not to buy any commercial feed that does not have detailed nutritional values. For herbivorous tortoises a good-quality pellet should be low in protein (10–15%), high in crude fibre (18–20%) and its Ca:P ratio should be >3:1. Avoid feeds containing proteins of animal origin. According to the nutritional values determined by our own analysis, products C2 and E1 can be accepted but their Ca:P ratios were far from the requirements. Thus, none of the commercial feeds is recommended for use as main feed. The nutrient content of the pellets should be checked very carefully, as label information is not necessarily precise. For carnivorous turtles the nutrient content of artificial feeds should be close to the nutritive value of whole fish or the recommendations. This means 25–50% protein (for young growing animals >30%), 4–8% EE and a Ca:P ratio of >2:1. Based on their CP and EE levels, four pellets (C3, C4, E3 and E4) can be accepted, but because of the inadequate Ca:P ratio only pellet E4 can be recommended.
Based on the nutritive value of the pellets it is not advised to use them as the only or main feedstuff. Different chelonian species may have widely varying requirements, and thus a diet universally suitable for all of them cannot be formulated. Greater emphasis should be put on the proper labelling of products.

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Evaluation of commercial tortoise and turtle feeds


VREDNOTENJE KOMERCIALNIH ŽELV IN KRME ZA ŽELVE

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Izvleček: Želve v ujetništvu je potrebno hraniti z naravno krmo, da dosežejo podobno stopnjo rasti kot živali v prosti reji. Na voljo je širok izbor komercialno pripravljene hrane za želve. Prednost hranjenja želv s komercialno hrano je priročnost, vendar podatki o prehranskih potrebah za posamezne vrste želv še niso na voljo. Namen te raziskave je bil analizirati in ovrednotiti komercialne pelete in krmo za želve. V trgovinah za živali smo od 6 podjetij kupili komercialne pelete (n_peleti za vodne želve = 7, n_peleti za kopenske želve = 7) za mesojede vodne in rastlinojede kopenske želve ter drugo krmo za vodne želve (liofilizirano goveje srce, posušene vodne nevretenčarje in zamrznjene cele ribe). Zamrznjene cele ribe smo uporabili kot referenčno krmo za mesojede vodne želve. Določili smo kemično sestavo in vsebnost kalcija (Ca) ter fosforja (P). Za ničelno hipotezo smo uporabili T-test enega vzorca s podatki na etiketi in rezultate lastne paralelane analize za surove beljakovine (angl. crude proteins, CP), ekstrakt etra (angl. ether extract, EE), surovо vlaknino (angl. crude fibre, CF), Ca in P. Oznake nekaterih peletov so bile pomanjkljive, saj so manjkali podatki o hranilnih vrednostih, Ca in P (n_peleti za kopenske želve = 4 od 7, n_peleti za vodne želve = 5 od 7). Podatki na etiketi so se bistveno razlikovali (p < 0,05) od rezultatov naše analize pri 13 od 14 vrst peletov. Nobeni peleti za kopenske želve niso v celoti izpolnjevali potreb živali. Zaradi neustreznega razmerja Ca : P smo kot ustrezno določili le eno izmed 7 vrst peletov za vodne želve, zaradi česar nobenih od komercialnih peletov nismo določili kot priporočljivih za glavno ali edino krmo za želve.

Ključne besede: prehrana; peleti; presnovna bolezen kosti; želve